

CTC Cadet Joining Instructions

17. The day-to-day dress for all cadets will be uniform. For those cadets attending sail or boatswain courses in HMCS ACADIA please bring additional sets of sports gear for wear on the water. For all other cadets, depending on the CTC you are attending you may be permitted to wear some civilian clothing during your leisure time and it is recommended that you bring a few extra civilian t-shirts that are neat, clean, and do not bear any offensive words, pictures, etc. They must be properly fitting and not too revealing. Additionally, you may wish to bring one pair of civilian pants that are neat, clean and properly fitting.

18. All cadets are required to bring the following personal items:

Wear	UNIFORM REQUIREMENTS
	BELT
	BOOTS (Properly fitting and in good condition)
	GREY WOOL SOCKS
	GUN SHIRT (Sea Cadets only)
	HEADDRESS
	JACKET
	LANYARD (Sea Cadets only)
	SHIRT SHORT SLEEVE (Air and Army Cadets only)
	TIE (Air and Army Cadets only)
	TROUSERS

Packed	UNIFORM REQUIREMENTS
	CADET T-SHIRT (2)
	FIELD TRAINING UNIFORM (Army cadets only)
	GREY WOOL SOCKS (1)
	GUN SHIRT (1) (Sea Cadets only)
	SEA TRAINING UNIFORM (Sea Cadets only)
	WEB GEAR (Six week Sea Cadets only)

Packed	OPTIONAL ITEMS
	BATHROBE
	CAMERA
	PENS/PENCILS
	RAIN GEAR (Sail cadets only)
	SMALL FLASHLIGHT
	SMALL GYM BAG
	SUNGLASSES (Non-Mirror)
	SWIMMING GOGGLES (1)
	WRITING MATERIAL

Packed	MANDATORY ITEMS
	COMBINATION LOCK
	COMB/BRUSH
	DEODORANT
	EYEGLOSS PRESCRIPTION (Extra pair of glasses if possible)
	FACE CLOTHS AND TOWELS (2)
	FEMALE PERSONAL HYGIENE ITEMS
	PAJAMAS
	SAFETY STRAP FOR GLASSES (As required)
	SHAMPOO
	SHAVING KIT (As required)
	SHORTS (min 2 pairs, solid conservative colour (e.g. black, blue, grey), length to fall between top of the knee to approx 5 cm above the knee, spandex is not acceptable)
	SHOWER SANDALS
	SNEAKERS (2 pairs preferred, non-marking soles)
	SOAP AND SOAP CASE
	SPORT SOCKS (7 pairs)
	SWEATER/SWEATSHIRT
	SWEATPANTS/TRACK PANTS
	SWIMSUIT
	TOOTH BRUSH, TOOTHPASTE
	T-SHIRTS
	UNDERWEAR (7 pairs)
	CIVILIAN CLOTHING 2 OUTFITS
	LIP BALM / SUNBLOCK (SPF 30+)
	LINT BRUSH
	LAUNDRY DETERGENT AND FABRIC SOFTENER
	SEWING KIT
	SHOE POLISH KIT
	PLASTIC COAT HANGERS
	WATER SHOES (Required by Sail Sea Cadets and Army Cadets)

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FORBIDDEN ITEMS

19. The following table lists items that are prohibited and not allowed at Cadet Training Centres.
- a. Prohibited by law items will be handed over to the Military or Civilian Police.
 - b. Prohibited by the CCO items will be confiscated by staff upon discovery and disposed of.
 - c. Not allowed items will be returned home at the cadet's expense or held by the CTC until the cadet departs.

List of items PROHIBITED by law at Cadet Training Centres	List of items PROHIBITED by the CCO at Cadet Training Centres	List of items NOT ALLOWED at Cadet Training Centres
Firearms (any kind)	Daggers	Gaming Consoles / Stereos / lap top computers
Non-prescribed and illicit drugs	Straight razor blades	Altered Parade boots / Personal pillows / blankets
Controlled substances	Pornographic materials	Motor vehicles / skateboards
Alcoholic beverages	Laser pointers	Pets
Explosives	Lighters and other fire starting equipment	Food
Weapons (Brass Knuckles, Ninja Stars etc.)	Flammables	Scissors
	Tobacco products	two-way radios (e.g. walkie-talkies);